BECOME A STUDENT HERO!

2021 Student Heroes Program



What are Student Heroes?

Student Heroes are young, dedicated, and driven hunger fighters that are highly involved in their community through philanthropy, advocacy, service, and initiative.

The Food Bank of the Rio Grande Valley's Student Heroes Program allows high school students to receive training skills and experience while taking on a leadership role in volunteer-based projects.

Why apply for Student Heroes?

Because you will develop leadership skills and gain real life experience.

You will receive:

- Leadership and professional development workshops
- School Credit and hours verification letter
- Student Hero Certificate (after 50 hours of service)
- Letter of Recommendation (after 100 hours of service)
- Student Hero T-shirt and name tag
- Special events and recognition awards
- Rewarding feeling from fighting hunger
- Being a vital member of the Food Bank Rio Grande Valley family!

Student Hero Sessions:

- Spring (January-May)
- Summer (June-August)
- Fall (September-December)

Student Hero Application

Thank you for your interest in the Food Bank RGV Student Heroes Volunteer Program. We are so glad that you selected us to make a difference in your community!

During this session, students learn core principles of leadership and will be able to accomplish the following.

1. Train, lead, and oversee volunteers in various projects at the Food Bank RGV (FBRGV) ensuring that volunteers have a meaningful experience.

2. Coordinate a Food/Supply Drive to help those in need in our community.

3. Understand hunger as a South Texas issue and learn to measure the impact of their work. All volunteer projects have an impact measurement tied to the issue of hunger.

4. Obtain key leadership, organizational, and critical thinking skills.

Requirements:

- High-school student (junior-senior)
- Completed Application
- Completed interview
- 4 volunteer shifts per month commitment
- Orientation and training sessions

The FBRGV is open Monday through Friday every month. Student Heroes can volunteer at any of the shifts as follows:

> Monday - Friday 8:00 a.m. - 12:00 p.m. 1:30 p.m. - 5:00 p.m.

***In addition to these regular shifts, Student Heroes can coordinate food drives to gain additional hours and will have the opportunity to volunteer at off-site events. Student Heroes will also have the oppurtunity to lead in specific logistics projects if available.

Offsite Events

Distribution Sites (24 different sites available) Special Events National Events Disaster Relief

> For more information on becoming a Student Hero contact Olivia Lemus Lucio: olemus@foodbankrgv.com